

THE HONG KONG COLLEGE OF FAMILY PHYSICIANS

Answers March / 2008

1. The followings are the preferred primary healthcare services by the public except:
- A. Inexpensive service.
 - B. Easily accessible.
 - C. Same doctor for the same illness.
 - D. Primary care doctor should not access their medical records in government hospitals.
 - E. Manned by doctors with formal training in family medicine.

Answer : D

2. Which of the followings concerning public expectation of primary health is incorrect?
- A. Detailed explanation of their medical conditions.
 - B. Discussion of the content and reasons of the recommended management.
 - C. Provisions of advice on lifestyles.
 - D. Provision of preventive care.
 - E. Free of charge for preventive care.

Answer : E

3. Regarding cervical cancer, which of the following statements is true?
- A. In Hong Kong, the mortality rate of cervical cancer is around 20%.
 - B. It is the fifth commonest cause of death in Hong Kong women.
 - C. It is the eighth commonest cancer in Hong Kong women.
 - D. Underestimation of the risk of cervical cancer is usually related to individual's lack of knowledge on the disease.
 - E. The mortality rate of cervical cancer is higher in Hong Kong when compared to Mainland China.

Answer : D

4. Which of the following statements about pap smears is true?
- A. More women in Beijing experienced pain or embarrassment.
 - B. Inconvenience in terms of health system access is the major reason for not getting a pap smear.
 - C. This local study confirmed that the uptake rate of pap smear in Hong Kong women was significantly less than in the United Kingdom.
 - D. Lack of time is an uncommon reason for not having a pap smear.
 - E. Most women had a positive experience from pap smear.

Answer : E

5. Solid evidence exists in skin rejuvenation for the following products except:
- A. Tretinoin.
 - B. Vitamin C.
 - C. Vitamin E.
 - D. Hydroquinone.
 - E. Chemical peels.

Answer : C

6. The following statements is true for skin rejuvenation except:
- A. Sunscreen of SPF equal to 30 is definitely effective against both UVA and UVB.
 - B. Hydroquinone activates tyrosinase to achieve skin lightening of pigmentation.
 - C. Chemical peels can cause scarring.
 - D. Effect of botulinum toxin A is limited to 3 months.
 - E. Restylane can stimulate the production of the lost hyaluronic acid in our ageing skin.

Answer : C

Please note a typing error in Question 6. The sentence should be "The following statements is true for skin rejuvenation:" This question will not be counted for CME points.