

THE HONG KONG COLLEGE OF FAMILY PHYSICIANS
Answers September / 2008

1. Regarding the NHS in the United Kingdom, which of the following statements is false?
- A. NHS direct provides 24 hour nurse led phone consultation for patients.
 - B. The Quality Outcomes Framework serves to link GPs' remuneration to their achievement of specified healthcare targets.
 - C. Requirement for entry into general practice includes two years of vocational training.
 - D. Group practices comprise the large majority of general practice.
 - E. Patients can only see specialists within the NHS through referrals from a general practitioner.

Answer : C

2. Regarding mental illness, which of the following statement is false?
- A. Current available local surveys indicate that over 50% of the population is affected by some form of mental illness.
 - B. The Hospital Anxiety and Depression Scale (HADS) has been proven to be valid in the Chinese population.
 - C. Respondents' educational level has no effect on HADS.
 - D. In the recent local study, symptoms of anxiety are more prevalent in those with two or more chronic illnesses.
 - E. Mental illness currently has a greater contribution to global disease burden than stroke and cancer according to the WHO.

Answer : E

3. Which of the following statements is false concerning the attitude towards evidence-based practice (EBP) among doctors in Hong Kong according to a questionnaire survey?
- A. Most respondents agreed on the usefulness of EBP in their clinical practice.
 - B. Less than 50% of respondents will search the literature to find answers to their clinical questions.
 - C. More than 50% of the respondents think they know how to read a paper.
 - D. Only about 40% of the respondents feel confident about applying the best current evidence in daily clinical practice.
 - E. Lack of knowledge and skills was perceived as the most important factor when applying EBP.

Answer : E

4. Which of the following is not suggested by the author as a method to improve the attitude and knowledge of EBP among doctors in Hong Kong?
- A. Introducing EBP in the curriculum of Diploma in Family Medicine.
 - B. Providing training.
 - C. Improving internet access.
 - D. Encouraging regular searching.
 - E. Alerting to pre-appraised evidence.

Answer : A

5. Which of the following statements about hypertension in children is false?
- A. The prevalence is rising.
 - B. Elevation of blood pressure during childhood predicts hypertension in adulthood.
 - C. Screening tests of secondary causes should be performed on all children with a confirmed diagnosis of hypertension.
 - D. Cardiac abnormalities are seldom detected by echocardiography at initial diagnosis.
 - E. Stage 1 hypertension with an end-organ damage should be managed with pharmacologic agents.

Answer : D

6. Concerning the measurement of blood pressure in children, which of the following is false?
- A. The lower limb may be used for measuring blood pressure when suspecting coarctation of aorta.
 - B. An oversized cuff can underestimate the blood pressure.
 - C. An undersized cuff can overestimate the blood pressure.
 - D. Elevation of blood pressure must be confirmed on repeated visits.
 - E. Blood pressure below 140/90mmHg is normal.

Answer : E